

# 2025 Personal Health Screening & Preventive Care Options

help you and your family get the care and support you need, we have several options to complete your personal health screening as well as your annual preventive care visit.

## Option 1: Physician or Convenience Care Clinic

If you are completing your annual preventive visit and personal health screening at your doctor's office, or convenience care clinic, your provider may complete the Personify Health Physician Screening Form. You can print a copy of the form from your Personify Health Account. Please note it will automatically populate with your member number.

- Login to Personify Health at <https://app.personifyhealth.com/>
- Click on "Benefits" in the top navigation bar.
- Select 'View All' and scroll down the list to the Physician Screening Form.
- Under Physician Screening Form, select the "Start Now" button
- Completed forms should be submitted directly to Personify Health via fax (508-302-0055) or you may upload it to your Personify Health Account. To upload, sign into your account, click on the green "Support" button on the right side of the screen, and select "Send a Form" from the top navigation bar.
- Screenings must be completed and processed by Personify Health by **December 19, 2025**.

## Option 2: Labcorp Patient Service Center (PSC)

To complete your personal health screening at a local Labcorp Patient Service Center:

- Visit <https://www.wellconnectplus.com/?company=1NCM40>
- Enter your login and password, or register as a new user and create an account.
- If you are a new user, please use enter full legal name, date of birth, and Social Security Number (without the dashes).
- You do not need a visitor code to register for a Labcorp Patient Service Center appointment.
- Select your appointment time by selecting the location, date, and time.
- Screening must be completed by **December 19, 2025**. Your screening results will be automatically submitted to Personify Health.
- If you need assistance, contact Labcorp at 844-251-6524.



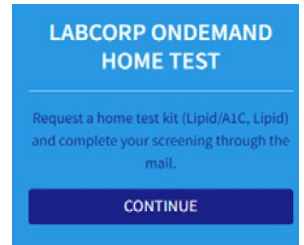
## Option 3: Labcorp OnDemand Home Kit

You may complete your personal health screening from the comfort of your home through the Labcorp OnDemand Home Kit. **Kits must be returned by December 19, 2025.**

- Visit <https://www.wellconnectplus.com/?company=1NCM40>
  1. Enter your login and password, or register as a new user and create an account.
  2. If you are a new user, please use enter full legal name, date of birth, and Social Security Number (without the dashes).
  3. You do not need a visitor code to register to order a Labcorp OnDemand Home Kit.



4. Once logged in, navigate to the “Labcorp OnDemand Home Test” tile and select “Continue”.
  5. Review the HIPAA consent statement before checking “Accept” and clicking “Save”.
  6. You may see a pop-up windowing asking you to enter certain body biometric data such as height and weight. Please enter all values that you know. If you do not know any of the measurements, simply select “I don’t know”.
  7. A new window will open taking you to the Labcorp OnDemand website. Please create a Labcorp OnDemand account here to order the kit.
  8. Upon placing your order request, you will receive an email confirmation, followed by another email with tracking information once the kit has shipped. The kit should arrive in about 10 days.
  9. Once you receive your kit, you will need to register it at the Labcorp OnDemand website [ondemand.labcorp.com](https://ondemand.labcorp.com). First, login in with your account then click “Register Kit” and enter the 12-digit number found within the kit.
  10. Follow the instructions contain within the kit to complete the home test.
  11. Ensure your completed test kit is returned to Labcorp no later than **December 19, 2024**. Note, your screening results will be automatically submitted to Personify Health.
- If you need assistance, contact Labcorp at 844-251-6524.



As with all in-network preventive care, this Labcorp OnDemand Home Test kit is covered at **no cost** to you as part of your preventive care benefits through your health plan.

### MDLive Virtual Preventive Care Visit

Complete your personal health screening in addition to an annual preventive care visit with MDLive:

- Login to <https://myCigna.com> or use myCigna app.
- On myCigna app, select "Find Care" at the bottom navigation bar, and then under the "Talk to Doctor 24/7" tile, select "Connect Now", click on MDLive, and under the "Primary Care" right tile, select "Get Started." Select "Wellness Screening" and hit "next" and follow the prompts.
- Scroll down and click on "Talk to a doctor".
- Choose "medical" under the type of virtual care you are looking for.
- Click on “Schedule a visit” under Primary Care.
- Select the individual who the appointment is for.
- Select “Get Started” under Primary Care.
- Click on the “Select” button to the right of “Wellness Screening.”
- Follow the prompts to complete the MDLive online health assessment, select a lab, and schedule a virtual doctor visit.
- Schedule and complete an appointment with the lab. You’ll receive an email notification when the results are available in the MDLive customer portal.
- Attend the scheduled virtual visit from anywhere via phone or video (typically at least 3 days after the lab appointment).
- Screenings must be completed and processed by Personify Health by **December 19, 2025**. Your screening results will be automatically submitted to Personify Health once completed.
- If you need assistance, contact Cigna at 1-800-244-6224.



### What you can expect next

Completed activities will post on the Personify Health site within 24 hours of Personify Health receiving the information.

**Questions?** Contact HR Connect at 1-855-660-6947

Employees and spouses/domestic partners, enrolled in a Mosaic health plan, **each have an opportunity to earn a \$800 wellness incentive in 2025.** To qualify, individuals must register for Personify Health prior to completing activities. Register today at [join.personifyhealth.com/mosaicwellness](https://join.personifyhealth.com/mosaicwellness) or download the Personify Health app for iOS or Android. Enter “**The Mosaic Company**” and follow the prompts to create your account and review full program details.



### **Notice to Employees About Wellness Plan**

This is only intended to provide an overview of The Mosaic Company wellness program offered to U.S. eligible employees. Complete details about the program will be included in the summary plan descriptions and plan documents. Mosaic reserves the right to change or end the program at any time. Mosaic's wellness program, part of the Mosaic Comprehensive Welfare Benefit Plan, is completely voluntary and available to all employees. If you think you might be unable to meet a standard for an incentive under this wellness program, you might qualify for an opportunity to earn the same incentive by different means.

We are required to maintain the privacy and security of your personally identifiable health information. Information from your voluntary health risk assessment and results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks and may also be used to offer you services through the Wellness Program. Although we may use aggregate information collected to design a program based on identified health risks in the workplace, the Wellness Program will never disclose any of your personal information either publicly or to Mosaic, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as expressly permitted by law.

Medical information that personally identifies you that is provided in connection with the Wellness Program will be protected as required by law and will not be provided to your supervisors or managers and may never be used to make decisions regarding your employment. You will not be asked or required to waive the confidentiality of your health information as a condition of participating in the Wellness Program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the Wellness Program will abide by the same confidentiality requirements.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the Wellness Program, nor may you be subjected to retaliation if you choose not to participate. If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact Personify Health at 888-671-9395 or Mosaic HR Connect at 855-660-6947.