

2025 Consumer Directed Healthcare (CDH) Preventive Medications

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every strength or dosage form of a listed medication.

Please note: When feasible, brand names are shown in capitals in each category. If generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase.

ASTHMA/COPD

ACCOLATE (zafirlukast)
ADVAIR HFA
AIRDUO DIGIHALER
AIRSUPRA
albuterol HFA
albuterol nebulizer solution
albuterol oral
ANORO ELLIPTA
ARNUITY ELLIPTA
ASMANEX HFA
ASMANEX TWISTHALER
ATROVENT HFA
BREO ELLIPTA
BREZTRI AEROSPHERE
BROVANA (arformoterol)
budesonide oral inhalation
COMBIVENT RESPIMAT
cromolyn nebulizer solution
DULERA
FASENRA
fluticasone/salmeterol
formoterol
INCRUSE ELLIPTA
Inhaler and nebulizer assistive devices
ipratropium/albuterol nebulizer solution

ASTHMA/COPD (CONTINUED)

ipratropium nebulizer solution
levabuterol nebulizer solution
metaproterenol
montelukast
NUCALA
OHTUVAYRE
Peak flow meters
QVAR REDHALER
roflumilast
Spirometers
SPIRIVA HANDIHALER (tiotropium cap-inhaler)
SPIRIVA RESPIMAT
STIOLTO RESPIMAT
SYMBICORT (brey-na, budesonide/formoterol)
terbutaline oral
TEZSPIRE
THEO-24
theophylline
theophylline ER
TRELEGY ELLIPTA
wixela inhub
XOLAIR
YUPELRI
zileuton ER
ZYFLO

BONE DISEASE AND FRACTURES

ACTONEL (risedronate)
ATELVIA DR (risedronate DR)
BINOSTO
DUAVEE
EVISTA (raloxifene)
FOSAMAX (alendronate)
FOSAMAX D
ibandronate oral
RECLAST (zoledronic acid)

CAVITIES

CLINPRO
GEL-KAM
periomed
PREVIDENT
sodium fluoride rinse, gel, cream, paste, tabs and drops

COLONOSCOPY PREPARATION*

gavilyte-c
gavilyte-n
GOLYTELY solution (PEG-3350/ electrolytes, gavilyte-g)
sodium, potassium and magnesium sulfates

2025 CDH Preventive Medications - Standard Plus

DEPRESSION

citalopram
escitalopram
fluoxetine
fluoxetine DR
fluvoxamine
fluvoxamine ER
PAXIL (paroxetine)
PAXIL CR (paroxetine ER)
sertraline

DIABETES

INSULINS

HUMALOG
HUMULIN
INSULIN GLARGINE-YFGN
LYUMJEV
SEMGLEE-YFGN
TOUJEO MAX SOLOSTAR
TOUJEO SOLOSTAR
TRESIBA
TRESIBA FLEXTOUCH

INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS

SOLIQUA

NON-INSULINS

acarbose
ACTOS (pioglitazone)
ACTOPLUS MET
(pioglitazone/metformin)
BYDUREON BCISE
BYETTA
CYCLOSET
DUETACT (pioglitazone/glimepiride)
FARXIGA
glimepiride
glipizide
glipizide/metformin
Glucometers
GLUCOTROL XL (glipizide ER)
glyburide
glyburide/metformin
glyburide micronized
GLYXAMBI
JANUMET

NON-INSULINS (continued)

JANUMET XR
JANUVIA
JARDIANCE
Lancets and lancing devices
metformin
metformin ER
miglitol
Misc. diabetic supplies (e.g. control
solution, sensors, transmitters,
insulin pumps and accessories,
readers, pods, Tempo smart button)
MOUNJARO
nateglinide
Needles
OZEMPIC
repaglinide
RIOMET (metformin solution)
RIOMET ER suspension
RYBELSUS
saxagliptin
saxagliptin/metformin
SITAGLIPTIN
SYMLINPEN
SYNJARDY
SYNJARDY XR
Syringes
Test strips
TRIJARDY XR
TRULICITY
XIGDUO XR

HEART DISEASE AND STROKE

BLOOD THINNERS

aspirin, 81 mg* & 325 mg
aspirin/dipyridamole ER
BRILINTA
clopidogrel
dabigatran
dipyridamole
DURLAZA ER
EFFIENT (prasugrel)
ELIQUIS
jantoven
warfarin
XARELTO
ZONTIVITY

CHOLESTEROL LOWERING

HMG-COA REDUCTASE INHIBITORS*

atorvastatin
FLOLIPID suspension
fluvastatin
LESCOL XL (fluvastatin ER)
LIVALO (pitavastatin)
lovastatin
pravastatin
rosuvastatin
simvastatin
ZYPITAMAG

OTHER CHOLESTEROL LOWERING AGENTS

CADUET (amlodipine/atorvastatin)
colesevelam
COLESTID (colestipol)
ezetimibe
ezetimibe/simvastatin
FENOGLIDE (fenofibrate)
FIBRICOR (fenofibric acid)
LOPID (gemfibrozil)
NEXLETOL
NEXLIZET
NIACOR
niacin
niacin ER
QUESTRAN (cholestyramine)
QUESTRAN LIGHT
(cholestyramine light, prevalite)
REPATHA
TRILIPIX (fenofibric acid DR)
VASCEPA (icosapent ethyl)

HIGH BLOOD PRESSURE (HBP)

ACE INHIBITORS

ACCUPRIL (quinapril)
ALTACE (ramipril)
captopril
fosinopril
LOTENSIN (benazepril)
moexipril
perindopril
trandolapril
VASOTEC (enalapril)
ZESTRIL (lisinopril)

2025 CDH Preventive Medications - Standard Plus

ACE INHIBITORS/DIURETIC COMBINATIONS

ACCURETIC (quinapril/HCTZ)
captopril/HCTZ
fosinopril/HCTZ
LOTENSIN HCT
(benazepril/HCTZ)
VASERETIC (enalapril/HCTZ)
ZESTORETIC (lisinopril/HCTZ)

ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan
eprosartan
irbesartan
losartan
olmesartan
telmisartan
valsartan

ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/HCTZ
irbesartan/HCTZ
losartan/HCTZ
olmesartan/HCTZ
telmisartan/HCTZ
valsartan/HCTZ

BETA BLOCKERS

acebutolol
betaxolol
bisoprolol
CORGARD (nadolol)
LOPRESSOR
(metoprolol tartrate)
metoprolol succinate ER
nebivolol
pindolol
propranolol
propranolol ER
TENORMIN (atenolol)
timolol

BETA BLOCKER/DIURETIC COMBINATIONS

bisoprolol/HCTZ
metoprolol/HCTZ
propranolol/HCTZ
TENORETIC
(atenolol/chlorthalidone)

CALCIUM CHANNEL BLOCKERS

amlodipine
CARDIZEM (diltiazem)
CARDIZEM CD (cartia XT,
diltiazem CD)
CARDIZEM LA (diltiazem ER,
matzim LA)
felodipine ER
isradipine
nicardipine
nifedipine
PROCARDIA XL (nifedipine ER)
SULAR ER (nisoldipine ER)
TIAZAC ER (diltiazem ER, tiadylt ER,
taztia XT)
verapamil
verapamil ER
verapamil SR
VERELAN PM (verapamil ER PM)

DIURETICS

chlorthalidone
DIURIL suspension
hydrochlorothiazide
indapamide
metolazone

OTHER HBP & COMBINATIONS

amlodipine/benazepril
amlodipine/olmesartan
amlodipine/olmesartan/HCTZ
amlodipine/telmisartan
amlodipine/valsartan
amlodipine/valsartan/HCTZ
Blood pressure monitors
CADUET (amlodipine/atorvastatin)
PRESTALIA
trandolapril/verapamil ER

MALARIA

ARAKODA
chloroquine
mefloquine
MALARONE (atovaquone/
proguanil)
primaquine

MIGRAINE PREVENTION

AIMOVIG
AJOVY
EMGALITY 120mg
QULIPTA

MISC ANTIVIRALS

APRETUDE*
BEYFORTUS
DESCOVY*
emtricitabine/ tenofovir
disoproxil
fumarate (TDF) 200mg/300mg*
PREVYMIS
SYNAGIS

SMOKING-CESSATION*

bupropion SR 150mg
CHANTIX (varenicline)
NICODERM CQ (nicotine patches)
NICORETTE (nicotine gum
and lozenges)
NICOTROL NS

2025 CDH Preventive Medications - Standard Plus

VACCINATION*

Anthrax, BCG, Chikungunya, Cholera, COVID-19, Diphtheria, Haemophilus Influenza B, Hepatitis A and B, Human Papillomavirus, Influenza, Japanese Encephalitis, Measles, Meningococcal, Monkey/smallpox, Mumps, Pertussis, Pneumococcal, Poliovirus, Rabies, Respiratory syncytial virus, Rotavirus, Rubella, Shingles, Tetanus, Tick-borne encephalitis, Typhoid, Varicella, Yellow Fever, Zoster

VITAMINS OR MINERALS

Folic acid*
Prenatal vitamins
Pediatric multivitamins with fluoride*

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](https://www.express-scripts.com).

© 2025 Express Scripts. All Rights Reserved. Express Scripts and the "E" Logo are trademarks of Express Scripts Strategic Development, Inc. All other trademarks are the property of their respective owners.