



## Live healthier at no cost to you



With the Diabetes Management program, get tools and support to track blood sugar levels, prioritize your mental health and develop a healthier lifestyle.

### **The Diabetes Management program includes:**

- A blood glucose meter that seamlessly connects to your mobile device
- Unlimited strips and lancets
- One-on-one coaching to manage nutrition, activity and health goals
- Real-time support for out-of-range readings
- Digital tools that support your mental health

### **You may also be eligible for additional tools and devices to help you live healthier, including:**

- Connected blood pressure monitor to help track your numbers
- Smart scale to help achieve your weight goals and track progress over time

## Get started

Text **“GO MOSAIC”** to 85240 to learn more and join  
You can also join by visiting **Well.Livongo.com/MOSAIC/Register**  
or call **800-945-4355** and use registration code: **MOSAIC**

To enroll in Livongo you must opt in to at least one program that Mosaic offers as a health benefit. You must also meet the health criteria for each program you wish to enroll in. If a Livongo program is not offered by Mosaic, or if you do not meet the specific health criteria of that program, you will not be able to enroll.

Activating the Livongo program is now part of the Mosaic Wellness Incentive Program, start earning your incentive today!