



A Healthier Way Forward

Addiction recovery that meets you where you are.

Recovery is within reach — and you don't have to face it alone. At Eleanor Health, we combine compassion, science, and whole-person care to support your unique journey. Our approach is personalized to your needs and goals, addressing not only substance use but also the mental, physical, and social factors that impact recovery.

Our Services Include:



Medication:
evidence-based medications that aid recovery



Therapy & Counseling:
individual and group sessions tailored to your needs



Psychiatry:
care for co-occurring mental health conditions



Peer Support:
connect with people who have lived experience in recovery



Nurse Care Management:
ongoing guidance and coordination throughout your care

Why Eleanor Health?

Our members achieve real, lasting change:



85% regain control of their lives through reduced cravings, decreased use, and stronger support systems¹



91% report improvements in mood, cravings, and overall well-being within the first 90 days²



Members stay engaged with care for an average of 22 months, supporting long-term recovery³

Start Your Recovery Today

Reclaim your life with convenient virtual care — and same-day or next-day appointments available in most cases.

(877) 414-2174 eleanorhealth.com/get-help

Scan the QR code to get started today

