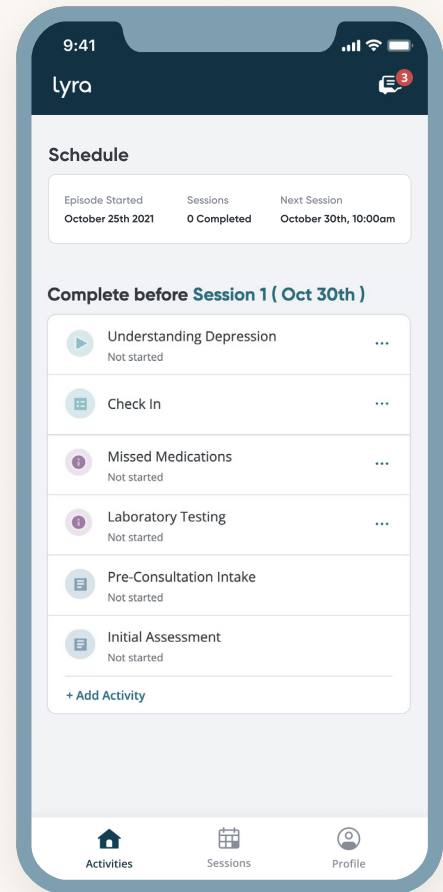


CARE OPTION

Mental Health Medication Management

Lyra Medication Management provides easy access to specialized mental health physicians that practice evidence-based medication prescribing. Start with an in-depth consultation to evaluate treatment options and determine if medication might work for you. With ongoing physician messaging, symptom tracking, and prescription refills you'll be on the path to feeling better soon.



Proven treatment, designed for you



A personalized plan, built specifically for you

Start with a 90-minute video consultation to discuss needs, medical history, previous experiences and build a treatment plan based on your preferences and goals



Side effect prevention with symptom monitoring

Ongoing symptom tracking to mitigate any side effects



We're by your side the whole time

Private messaging with your physician about questions or concerns



Ongoing treatment check-ins & easy prescription refills

Easy access to follow-up appointments and prescription refills with the same physician



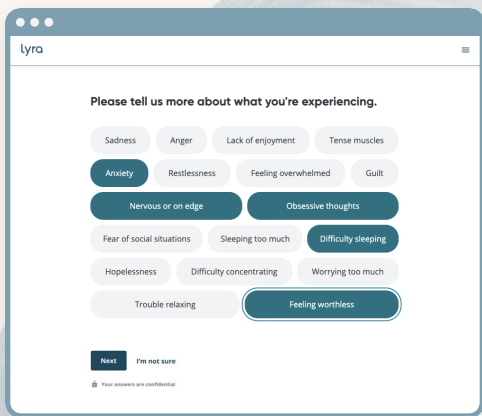
Pair with Therapy to build long-term skills

Combine with therapy to build skills to understand and manage symptoms and taper off medications when possible

“

My provider slowed me down and really listened to actually help me realize the root of my problem. It was beyond impressive & extremely eye-opening.

– Lyra client



The right care for you

No matter what you are dealing with or where you are on in your journey, Lyra's here to help. In as little as 5 minutes, we'll match you to care options based on your needs and lifestyle whether that's working with a mental health coach, therapist, or a physician.

Lyra's mental health physicians

Lyra's mental-health focused physicians are board certified, vetted by Lyra, and receive ongoing training in psychiatric medications. Providers have expertise treating addiction, experience supporting LGBTQ patients, and specialize in behavioral medicine.

Members under the age of 18 and those who require controlled substances can access care through a Lyra network in-person prescriber.



What is Lyra?

Lyra provides care for your emotional and mental health, how, when, and where you need it. Whether you're feeling stressed, anxious, or depressed, short-term support from Lyra's top physicians can help.