



High blood pressure management, simplified



An advanced blood pressure monitor, support you need and your employer or health plan is covering 100% of the costs.

Program benefits

- Advanced blood pressure monitor
- Personalized insights
- One-on-one coaching
- Easy-to-use app & dashboard
- Guidance on healthy habits

Get started

Text **"GO MOSAIC"** to 85240 to learn more and join

You can also join by visiting Ready.Livongo.com/MOSAIC/register or call **800-945-4355** and use registration code: **MOSAIC**

Las comunicaciones del programa Livongo están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-945-4355 o visite hola.livongo.com/MOSAIC

This program is offered at absolutely no cost to you and your family members with hypertension and medical coverage through the Cigna health plan.

Please Note: Livongo coaching services are not part of the Mosaic Wellness Incentive Program.