



Get started
today!

ENROLL IN PERSONIFY HEALTH

Signing up is easy

Personify Health is a well-being resource offered to all Mosaic Company employees and spouses/partners on the medical plan. Earn up to \$800 in Rewards Cash.

Visit join.personifyhealth.com/mosaicwellness or open the app and select **Create Account**.

Download the app.



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Live Well.
Work Well.
Wellness resources for your life

~personify
HEALTH

Set up your account

Follow the progress bar as you complete these easy steps:

Step 1

Open the Personify Health app.
Tap **Create Account**.

Step 2

Tell us who you are. We'll ask for a few details about you and your sponsor organization, **The Mosaic Company**, to check your eligibility. Some of the fields may already be filled.

Step 3

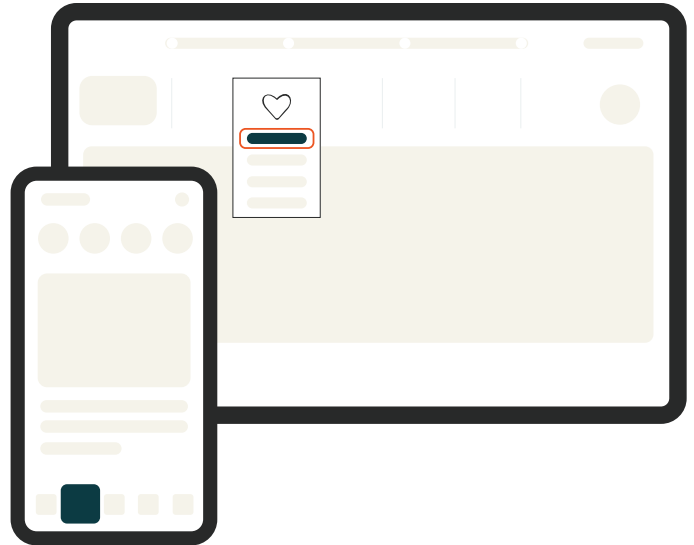
Legal and privacy. Review and agree to the rules, data collection and privacy policy

Step 4

Create your account. Add your email, make a password and give us some additional details to customize your experience.

Step 5

You're all set. Your account is ready. Click **Take Me There** to sign in.



How do I get credit for my steps? Connect a fitness tracker to get credit for your steps, active minutes and sleep. We sync with many devices and apps, such as Max GO™, Apple Watch, Fitbit, Garmin and more.

How often should I sync my fitness tracking device? It is recommended to sync your device at least weekly. However, the Personify Health system will allow you to backtrack activity for a maximum of two weeks.

How can I personalize my experience? Set your interests to get personalized daily tips to help you eat healthy, get active, reduce stress, sleep well and more!