

# Teledentistry for Guardian members

It is important to ensure our members have access to dental care — and teledentistry helps make that happen.

That's why Guardian is helping to provide an easy-to-use teledentistry option for when you or your family need urgent care and you don't have a dentist or your dentist is not available.\*

## Here's how Guardian Teledentistry powered by TeleDentistry.com works:

1. You sign up in the Virtual Visits patient portal or call 866-979-1116.
2. You take photos of the problem area if necessary.
3. You connect with a TeleDentistry.com dentist and begin the Virtual Visit.
4. If additional care is needed after the Virtual Visit, a TeleDentistry.com dentist will refer you to an in-network dentist for diagnosis and treatment and will forward any consulting notes to your regular dentist.

## During your virtual visit, a dental care professional can help you:

- Determine if you have a serious condition that requires urgent treatment
- Suggest things you can do at home to relieve your symptoms
- Assess toothaches, infections, and provide prescription medications if needed
- Offer guidance and advice
- Refer you to a Guardian network dentist if further care is needed

To get started, simply visit [teledentistry.com/insurance-carriers/guardian](https://teledentistry.com/insurance-carriers/guardian) or call 866-979-1116.

**Ask your employer for more information.**



## What are some concerns you can get help with?

- A loose or lost crown
- Breaking a tooth or a filling
- Bleeding or swollen gums
- Pain or tooth sensitivity
- Tooth discoloration
- Grinding or clenching your teeth
- Muscle soreness or discomfort while chewing
- Oral sores or lesions

**The Guardian Life Insurance Company of America**  
New York, NY

[guardianlife.com](https://guardianlife.com)

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\* Teledentistry administrative services are provided by TeleDentistry.com, a third-party dental services company.

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