

Teledentistry for Guardian members

It's important to ensure our members have access to dental care, because getting care early can help avoid more serious problems later on. And teledentistry helps make that happen.

That's why Guardian is helping to provide an easy-to-use teledentistry option for when you or your family need urgent care and you don't have a dentist, or your dentist is not available.*

Here's how Guardian Teledentistry powered by TeleDentistry.com works:

- 1 Sign up in the [Virtual Visits](#) patient portal or call 866-979-1116.
- 2 Take photos of the problem area if necessary.
- 3 Connect with a TeleDentistry.com dentist and begin the virtual visit.
- 4 If additional care is needed after the virtual visit, a TeleDentistry.com dentist will refer you to an in-network dentist for diagnosis and treatment, and will forward any consulting notes to your regular dentist.

During your virtual visit, a dental care professional can help you:

- Determine if you have a serious condition that requires urgent treatment
- Suggest things you can do at home to relieve your symptoms
- Assess toothaches, infections, and provide prescription medications if needed
- Offer guidance and advice
- Refer you to a Guardian network dentist if further care is needed
- To get started, simply visit teledentistry.com/insurance-carriers/guardian or call 866-979-1116



What are some concerns you can get help with?

- A loose or lost crown
- Breaking a tooth or a filling
- Bleeding or swollen gums
- Pain or tooth sensitivity
- Tooth discoloration
- Grinding or clenching your teeth
- Muscle soreness or discomfort while chewing
- Oral sores or lesions

Ask your employer for more information.

The Guardian Life Insurance
Company of America
guardianlife.com

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